Greetings My Beloved Children of light,

"I bring to you today a message from my heart to yours. It is a love message sung to you in the language of the heart, the language of love. You will know this message on many levels as it sings to you of truth, your truth and the truth of all that is.

Listen now as I sing this message to you, Chanulanaha. Ah, breathe in the sweetness of it. Feel your heart soar in joy at the recognition of it, for today it is sung to you with a new flavor, an enhancement offering perpetual delight.

You may have heard this message before and welcomed it in gladness. Now in this time of new beginnings, there is some added sparkles, some new notes of lightness. You can feel the sweet tones elevating your loving spirit.

Hear it again, Chanulanaha, Chanulanaha, Chanulanaha. Oh how you have waited to hear more clearly this sweet message of truth, of love. It is as if bells are ringing, with a resounding sweet You may now consciously choose to let them go with great anticipation. Now it is our time to celebrate.

Love is the answer. Love is the truth. Love is the message from my heart to yours.

Our heart connection is a constant. We are always in communication. My promise to you has always been filled in the sweetness of our forever connection.

Feel your heart open up as a beautiful lotus, petals unfolding their arms to receive the radiance of lightness and joy, wisdom and truth. You are a beautiful flower, like a lotus, ready to open, to receive and to blossom into a greater vision of beauty and sweetness.

Breathe in this message from my heart. As you hear the words, breathe them in and allow yourself to receive the love. Chanulanaha, Chanulanaha, Chanulanaha.

My sacred message from my heart to yours, Chanulanaha, is a love message. It is also a key which will unlock the truth of your nature and purpose. It will open the gateway to your heart, allowing you to receive and know our connection through a sacred conduit of wisdom and love. Conscious awareness of this connection allows you to feel and know more fully your true self. It will make it possible to be aware of the guidance from your all-knowing self. There is a constant flow of loving communication which will guide you to reach and live the desires of your heart.

It is time to release yourself from the shackles of the past, thoughts and perceptions of lesser value that have created prisons of the mind. Let these walls fall for they are an illusion of untruth which have held you captive.

message, something you have been waiting for and shift your focus to the heart. Allow the heart mind to guide you, to help you remember and recognize your divine nature, your truth. To help you know the truth, that you are love.

> What does it mean to be love? Love is the divine nature of the oneness of Creator. You are children of Creator, thus the same loving essence is your loving essence.

> Love is beautiful. Love is flowing sweetness. Love is peace, joy, abundance of all that brings joyfulness and pleasure. Love is free of conflict, limitations and any thoughts of lesser value. Love is unity. Love is wisdom, enlightenment, lightness. Love is freedom. Love is filled with infinite possibilities and potentials to expand, to explore and experience. Love is the divine.

CHANULANAHA, FROM MY HEART TO YOURS

by Jan Diana

er and remember your truth, to explore what your truth means. In your timing and readiness, you can elevate your consciousness and explore your truth through experiences which you design and choose.

Imagine yourself to be free to experience and live the dreams of your heart. Imagine yourself to be a great master of love. Imagine being your true self. Imagine yourself being free of all the old stories of lesser value. Imagine yourself embracing a time of new beginnings, a time to explore and to know. Imagine that now is the time to express your mastery, your greatness of spirit and truth in new ways. Imagine it so and so shall it be.

With your conscious choice, with focus, clarity and a lightness of heart, you can rise above the old stories. You can choose to allow yourself to be living in the now moment, creating and living your heart's desires.

Hear me now, My Beloveds, Chanulanaha, remember you are love. You are my children of heart and you are perfect. You are destined to remember your sweetness.

It is time, awaken and enjoy. Let go of the ties to the old stories. They were part of the adventures of your life. Bless them and let them go. Embrace the new beginnings as you step into them with a greater awareness of your truth and purpose.

Utilize this love mantra. Allow it to bless you and to bless your life. Listen to the messages of your heart. Follow the inner guidance of love from your knowing self. Let yourself blossom and fulfill your heart's desires.

Whenever you desire call this mantra to mind. You can speak it, sing it or ponder on it. If you desire you can have the angels sing it to you. Ask for it and it is so. Let it rain upon you and your life as if drops of golden sunshine falling upon you, each drop a kiss from the heavens.

Live your life in joy. Celebrate the wonder of you. This is your time to blossom into the beautiful flower that you are. Chanulanaha, remember who you are My Beloveds, for you are love. Know that you

You are on an adventure, a sacred quest to discov- have the key to unlock all the dreams of your heart. It is your birthright, given to you in the sweetness of our hearts."

> With great love, Your Beloved Mother

For additional information on Chanulanaha: Article - "Language of Love, Ancient Keys to Unlock Your Potential" http://www.sunshineinyourheart.com/june.pdf Class "11 Minutes of Magic" https://www.youtube.com/watch?v=8JVbr0w1YaU

Jan Diana is an intuitive healer, spiritual teacher, and master practitioner. Her mission is to assist clients & students in creating harmony, balance, heightened levels of clarity, develop innate gifts & abilities, empowering them on their



personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L3M, Animal healing, GHM, Language of love, Reiki Master, and more. Sessions and Classes by phone.

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